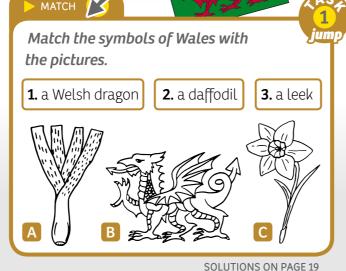


March 1st

### ST DAVID'S DAY

▶ St David's Day is on March 1st. Saint¹ David is the patron saint of Wales. On St\* David's Day people eat traditional Welsh food, such as leek<sup>2</sup> and potato soup, and there are national symbols everywhere, such as the Welsh flag<sup>3</sup> with the red dragon, daffodils<sup>4</sup> and leeks. There are also special concerts and parades<sup>5</sup>, and children have school concerts, too.





March 8th: a day for women of all ages



# INTERNATIONAL **WOMEN'S DAY**

▶ International Women's Day is on March 8<sup>th</sup>. It celebrates the work that women do. In some countries it's an official holiday, in others it's a normal working day. In some countries, women get half a day off6 work, or a flower. In the United Kingdom people go to theatres and discussions. There are also special fun runs.



## ST PATRICK'S **DAY**



▶ **St Patrick's Day** is on March 17<sup>th</sup>. Saint Patrick is the patron saint of Ireland. On St Patrick's Day people wear green clothes and leprechauns' hats, they decorate their streets with shamrocks<sup>7</sup>, and some people play the Irish harp8. They eat traditional Irish food such as Irish stew<sup>9</sup> and drink Guinness (a dark Irish beer). There are also parades,





Gaelic football and hurling.

#### Hurling vs Gaelic football

**Hurling** is a ball game with two teams of 15. They play with a stick<sup>10</sup> and a ball.

Gaelic football is a ball game with two teams of 15 players. The players try to kick or hit the ball.





### **WORLD DOWN SYNDROME DAY**

► World Down Syndrome Day is on March 21st. People wear very bright odd11 socks and organize activities to support<sup>12</sup> people with Down syndrome.

#### What is Down syndrome?

In our DNA, there are 23 pairs of chromosomes. People with Down syndrome have an extra chromosome. It means that the 21st pair has 3 chromosomes, not 2 as usual.





**VOCABULARY** 

- saint [seɪnt] svatý | 2 leek [liːk] pórek | 3 flag [flæg] vlajka | 4 daffodil ['dæfədɪl] narcis
- <sup>5</sup> parade [pəˈreɪd] průvod | <sup>6</sup> day off [ˌdeɪ ˈɒf] den volna | <sup>7</sup> shamrock [ˈʃæmrɒk] trojlístek
- 8 harp [hɑ:p] harfa | 9 Irish stew [ˌaɪrɪʃ ˈstju:] irský guláš | 10 stick [stɪk] hůl | 11 odd [pd] lichý, náhodný | 12 to support [səˈpɔːt] – podpořit