

# Ice Hockey, pp 12, 13

Jump, December 2020



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1. Listen to the part about “mini-hockey” rules. Complete the rules with numbers.

We play “mini-hockey”, which is different from the hockey that adults play. There are \_\_\_\_\_ to \_\_\_\_\_ players in each team. \_\_\_\_\_ players and a goalkeeper from each team can play at the same time. Teams play for \_\_\_\_\_ minute and then they change players. There are \_\_\_\_\_ minute periods.

2. Odd one out.

- a. training: swimming – skipping – eating – shooting at goal
- b. teams: Jaromír Jágř – Pittsburgh Penguins – Boston Bruins – Třinec
- c. clothes: jersey – helmet – puck – gloves
- d. activities at trainings: to train – to practise – to play – to win
- e. where are trainings: ice – team – outside – gym

3. Read or listen to the text again and answer the following questions.

a. What does Michal like about ice hockey?

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b. How often does he train?

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c. How long are the periods in “adult” hockey?

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d. What can you do to be a good ice hockey player?

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4. Discuss with a friend.

- a. What is your favourite sport?
- b. How often do you do it?
- c. Do you like watching sports on TV? If yes, what sports do you watch?
- d. Do you ever go to sports matches (football, ice hockey)?

## SOLUTIONS

1. Listen to the part about “mini-hockey” rules. Complete the rules with numbers.

We play “mini-hockey”, which is different from the hockey that adults play. There are **9 to 12** players in each team. **Three** players and a goalkeeper from each team can play at the same time. Teams play for **one** minute and then they change players. There are **three 15**-minute periods.

2. **Circle** the odd one out.

- a. training: swimming – skipping – **eating** – shooting at goal
- b. teams: **Jaromír Jágr** – Pittsburgh Penguins – Boston Bruins – Třinec
- c. clothes: jersey – helmet – **puck** – gloves
- d. activities at trainings: to train – to practise – to play – **to win**
- e. where are trainings: ice – **team** – outside – gym

3. Read or listen to the text again and answer the following questions.

a. What does Michal like about ice hockey?

**He likes scoring goals, giving body checks and winning.**

b. How often does he train?

**He trains three or four times a week**

c. How long are the periods in “adult” hockey?

**In adult hockey, the periods are 20 minutes long.**

d. What can you do to be a good ice hockey player?

**You need to do a lot of stretching, eat healthy food and do lots of exercise.**

4. Discuss with a friend.

a. What is your favourite sport?

b. How often do you do it?

c. Do you like watching sports on TV? If yes, what sports do you watch?

d. Do you ever go to sports matches (football, ice hockey)?