

How do you sleep?, 3

Jump, March 2020

Classroom survey – easier option, with questions



Find your match. First fill in the table about yourself then ask two other people. See who is a better partner for you to share a bedroom with.

	YOU	_____	_____
Do you like sleeping in a warm room?			
Do you like sleeping in a dark room?			
Do you like fresh air and open windows?			
Do you like sleeping in the quiet?			
Do you like listening to music before going to sleep?			
Do you like a soft mattress?			
When do you go to sleep?			



Classroom survey – more difficult option, no questions



Find your match. First fill in the table about yourself then ask two other people. See who is a better partner for you to share a bedroom with.

How do you like to sleep?

	YOU	_____	_____
... warm room?			
... a dark room?			
... fresh air and open windows			
... the quiet?			
... music before going to sleep?			
.... a soft mattress?			
When sleep?			