Happy School, Healthy School, pp 4, 5

Jump, May 2023



1. Listen and fill in the gaps.		
Children and teenagers spend more than 1/5 of their at school. That is a lot, especially if		
they aren't there. Time at school can be fun, you have friends, teachers and you		
learn new things. But school can also difficult.		
2. Complete the table.		
What can make you unhappy at school:	What makes you happy at school:	
a. You don't have any friends.	I have some/ lots of friends.	
b. There are bullies.		
c. The teachers don't like you.		
d. Some subjects are too difficult for you.		
e. Some subjects are too easy and boring for you.		
Any more ideas?		
3. Name the health problems you can have if you are unhappy.		
a. H S		
b. T A		
c. EG P		
d. P W S G		
4. Complete the sentences with <i>children, parents, teachers, children coaches</i> .		
What can you do if you are unhappy at school?		
You can speak to your or	(adults).	

You can speak to your _____ or ____ (children).

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SOULTIONS

1. Listen and fill in the gaps.

Children and teenagers spend more than 1/5 of their life at school. That is a lot, especially if they aren't happy there. Time at school can be fun, you have friends, nice teachers and you learn new things. But school can also be difficult.

2. Complete the table.

What can make you unhappy at school:	What makes you happy at school: (possible answers)
a. You don't have any friends.	I have some/ lots of friends.
b. There are bullies.	There are no bullies.
c. The teachers don't like you.	The teachers like me.
d. Some subjects are too difficult for you.	No subjects are too difficult for me.
e. Some subjects are too easy and boring for you.	No subjects are too easy and boring for me.
Any more ideas?	School starts at 9 am.

- 3. Name the health problems you can have if you are unhappy.
- a. HEADACHES
- b. TUMMY ACHES
- c. EATING PROBLEMS
- d. PROBLEMS WITH SLEEPING
- 4. Complete the sentences with *children*, *parents*, *teachers*, *children coaches*.

What can you do if you are unhappy at school?

You can speak to your parents or teachers (adults).

You can speak to your friends or children coaches (children).