

Mushrooms, pp 4, 5

Jump, October 2022

1. Tick (✓) what is true.

- a. All mushrooms are healthy.
- b. Some mushrooms are superfoods.
- c. Some mushrooms are healthy.
- d. Some mushrooms can make you sick.
- e. Some mushrooms can kill you.
- f. There are no vitamins in mushrooms.

2. Which healthy mushrooms can you find in Czech forests? **Circle.**

oyster mushroom

lion's mane

chanterelle

shiitake

boletus

portobello

enoki

reishi

3. Label the mushrooms.



- a. O _____
M _____
- b. C _____
- c. W _____ M _____ /
P _____
- d. B _____

4. Listen about white mushrooms, boletus and oyster mushrooms and fill in the gaps.

WHITE MUSHROOMS: You ___ get fresh white mushrooms, also called portobello, in shops all ___ round. But you can also find their “sisters” in Czech forests and meadows in ___ and autumn.

BOLETUS: You ___ usually get fresh boletus in shops. So, go to the _____ and find them yourself. Now is the best time.

OYSTER MUSHROOMS: You can ___ oyster mushrooms in shops all year ____, but you can also find them in Czech forests in ___ and winter. You can ___ oyster mushroom pills in pharmacies.

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SOLUTIONS

1. Tick (✓) what is true.

- a. All mushrooms are healthy.
- b. Some mushrooms are superfoods. ✓
- c. Some mushrooms are healthy. ✓
- d. Some mushrooms can make you sick. ✓
- e. Some mushrooms can kill you. ✓
- f. There are no vitamins in mushrooms.

2. Which healthy mushrooms can you find in Czech forests? Circle.

oyster mushroom

lion's mane

chanterelle

shiitake

boletus

portobello

enoki

reishi

3. Label the mushrooms.



- a. OYSTER MUSHROOM
- b. CHANTERELLE
- c. WHITE MUSHROOM/ PORTOBELLO
- d. BOLETUS

4. Listen about white mushrooms, boletus and oyster mushrooms and fill in the gaps.

WHITE MUSHROOMS: You **can** get fresh white mushrooms, also called portobello, in shops all **year** round. But you can also find their “sisters” in Czech forests and meadows in **summer** and autumn.

BOLETUS: You **can't** usually get fresh boletus in shops. So, go to the **forest** and find them yourself. Now is the best time.

OYSTER MUSHROOMS: You can **buy** oyster mushrooms in shops all year **round**, but you can also find them in Czech forests in **autumn** and winter. You can **get** oyster mushroom pills in pharmacies.