1. Tick (🗸) what is true.
   1. All mushrooms are healthy. 
   2. Some mushrooms are superfoods. 
   3. Some mushrooms are healthy. 
   4. Some mushrooms can make you sick. 
   5. Some mushrooms can kill you. 
   6. There are no vitamins in mushrooms. 
2. Which healthy mushrooms can you find in Czech forests? Circle.

oyster mushroom lion’s mane chanterelle shiitake boletus portobello enoki reishi

1. Label the mushrooms.

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  |  |
| * 1. O \_ \_ \_ \_ \_ M \_ \_ \_ \_ \_ \_ \_ | * 1. C \_ \_ \_ \_ \_ \_ \_ \_ \_ | * 1. W \_ \_ \_ \_ M \_ \_ \_ \_ \_ \_ \_/   P \_ \_ \_ \_ \_ \_ \_ \_ \_ | * 1. B \_ \_ \_ \_ \_ \_ |

1. Listen about white mushrooms, boletus and oyster mushrooms and fill in the gaps.

WHITE MUSHROOMS: You \_\_\_ get fresh white mushrooms, also called portobello, in shops all

\_\_\_ round. But you can also find their “sisters” in Czech forests and meadows in \_\_\_\_ and autumn.

BOLETUS: You \_\_\_\_ usually get fresh boletus in shops. So, go to the \_\_\_\_\_\_\_\_\_\_ and find them yourself. Now is the best time.

OYSTER MUSHROOMS: You can \_\_\_\_ oyster mushrooms in shops all year \_\_\_\_, but you can also find them in Czech forests in \_\_\_\_ and winter. You can \_\_\_\_ oyster mushroom pills in pharmacies.