

Time for a Break, pp 4,5

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1. Listen to the whole article and answer the questions.

- a. How many cups of coffee do people drink every day? _____
- b. What vitamin is there in coffee? _____
- c. What do you get addicted to when you drink coffee? _____
- d. How many countries does coffee grow in? _____
- e. Which language does the word “coffee” come from? _____
- f. Where does the most expensive coffee come from? _____
- g. Which nationality drinks the most coffee? _____

2. How is coffee made? Put the following steps into the correct order.

- _____ making the coffee
- _____ roasting the beans
- _____ picking the coffee berries
- _____ grinding the beans
- _____ drying the beans

3. Listen to coffee pros and cons and fill in the sentences.

- a. It stimulates your _____ and _____.
- b. When you drink coffee, there is a lower risk of getting Alzheimer’s _____, Parkinson’s _____ or _____.
- c. It can give you high blood _____, so you can have a heart _____.
- d. You can have problems _____.

4. What other pros and cons are there?

SOLUTIONS

1. Listen to the whole article and answer the questions.

- a. How many cups of coffee do people drink every day? **Two billion**
- b. What vitamin is there in coffee? **Vitamin B**
- c. What do you get addicted to when you drink coffee? **Caffeine**
- d. How many countries does coffee grow in? **About 70 countries**
- e. Which language does the word “coffee” come from? **Arabic**
- f. Where does the most expensive coffee come from? **The poo of the Asian palm civet**
- g. Which nationality drinks the most coffee? **The Finnish**

2. How is coffee made? Put the following steps into the correct order.

- 5 making the coffee
- 3 roasting the beans
- 1 picking the coffee berries
- 4 grinding the beans
- 2 drying the beans

3. Listen to coffee pros and cons and fill in the sentences.

- a. It stimulates your **brain** and **metabolism**.
- b. When you drink coffee, there is a lower risk of getting Alzheimer’s **disease** Parkinson’s **disease** or **depression**.
- c. It can give you high blood **pressure**, so you can have a heart **attack**.
- d. You can have problems **sleeping**.

4. What other pros and cons are there?